

MACH (FISH)

★ **Narikel Mach Spice** £7.95
Fillet of white fish cooked with coconut, red chillies, garlic and ginger which creates a medium spicy taste and garnished with coriander and spring onions.

Morich Mach (hot) £7.95
White fish cooked in a spicy sauce with garlic, ginger, green chillies garnished with coriander.

Naga Chilli Mach (hot) £7.95
White fish cooked with naga chillies in a thick sauce with selected herbs and spices.

Garlic Chilli King Prawn (hot) £8.95
King Prawns cooked with garlic, green chillies and herbs in a thick sauce.

Mach Jalfrezi (hot) £7.95
A stir-fried white fish dish with lightly braised onions, garlic, ginger, tomatoes and fresh green chillies.

★ **Tandoori Mach Massalla** £8.95
White fish prepared in a delicately flavoured creamy sauce.

★ **Tandoori Golda Massalla** £9.95
King prawns part cooked in the tandoori clay oven then simmered in a delicately flavoured creamy curry.

King Prawn Sag £7.95
King Prawns gently cooked with spinach creating a light, subtly flavoured dish.

Special Fish Bhuna £8.95
White fish pieces cooked with onions, tomatoes and garlic in a blend of herbs and spices giving a dish of strong flavours.

NB. May find small bones in all fish dishes

DUCK SPECIALS

Morich Duck Massalla (hot) £7.95
Barbecued duck cooked with garam massalla, chillies and coriander in a thick sauce.

Garlic Chilli Duck (hot) £7.95
Barbecued duck cooked with garlic, green chillies and herbs in a thick sauce.

Duck Tikka Korai £7.95
A succulent blend of herbs and spices sizzling away in a Korai dish for authentic flavour garnished with fresh tomatoes and capsicum.

★ **Duck Tikka Massalla** £7.95
Barbecued fillet of duck prepared in a delicately flavoured creamy sauce.

HEALTHY OPTION

A speciality dish cooked with absolutely no oil or fats, just water & its own stock. With garlic, ginger, onions, herbs & spices. This is a must for all health conscious diners. (Please order the strength of curry you require).

Chicken, Lamb or Prawn £6.95

Vegetable £6.95

King Prawn £8.95

VEGETARIAN

Shabji Malai £6.95
A specially prepared creamy vegetable dish cooked with almonds, coconut and mixed fruits with a hint of butter.

Shabji Chameli £6.95
Aubergine, Cauliflower, Okra mixed in a curry with onion, garlic, tomato and simmered with pickles, that gives a nice savoury taste.
This dish contains fragments of hard mango shells.

Shabji Balti £6.95
Mixed vegetables cooked to our chef's own recipe and served in a special pot called a Balti.
This dish contains fragments of hard mango shells.

★ **Korma Shathrangi** £6.95
Vegetables in a creamy sauce with cashews, sultanas and dates. A nutty and fruity dish.

★ **Vegetable Biryani** £7.95
Vegetables cooked with Basmati rice served with vegetable curry. An old favourite.

★ **Shabji Massalla** £6.95
Fresh mixed vegetables prepared in a delicately flavoured creamy sauce.

Shabji Korai £6.95
A succulent blend of herbs and spices sizzling away in a Korai dish for authentic flavour garnished with fresh tomatoes and capsicum.

Shabji Paner £6.95
Mushroom, potato and peas cooked with cottage cheese in a medium strength sauce.

★ These dishes contain nuts

Nuts are used as ingredients in our restaurants and although great care is taken during preparation, we cannot fully guarantee against traces in other dishes we serve.

OPENING TIMES

Mon to Sat: 5.30pm - 11.30pm

Sunday: 4pm - 11.00pm

including Bank Holidays

Designed and printed by Peter Turpin Associates. Tel: 01904 479511

SUNDRIES

Boiled Rice £2.40

Pillau Rice £2.40

Mushroom Pillau £2.70

Vegetable Pillau £2.70

Special Pillau £2.90
(Prawn & Mixed Veg)

Jorda Pillau (Nutty & Fruity) £2.90

Keema Pillau (mincemeat) £2.90

Onion Pillau £2.70

Garlic Pillau £2.70

Egg Pillau £2.70

Nan Bread £2.20

Garlic Nan £2.70

Chilli & Coriander Nan £2.70

Kulcha Nan £2.70

Keema Nan £2.70

Peshwari Nan £2.70

Garlic & Coriander Nan £2.70

Chapati £0.70

French Fries £1.95

Papadom £0.60

Assorted Chutneys per Tray £1.20

Raita (Onion or Cucumber) £1.10

Kach Cucumber Green Salad £1.10

SIDE DISHES

Mixed Vegetable Bhaji £2.95

Chana Bhaji £2.95

Bindy Bhaji £2.95

Begun Bhaji £2.95

Bombay Aloo £2.95

Sag Bhaji £2.95

Sag Aloo £2.95

Aloo Gobi £2.95

Coli Bhaji £2.95

Mushroom Bhaji £2.95

Tarka Dall £2.95

Sag Paner £2.95

Aloo Gobi Sag £2.95

TAKEAWAY MENU

Bengal

BRASSERIE

Fully licensed and air conditioned

Welcome to the house of
Superb Bengali Cuisine

21 Goodramgate, York YO1 2LW
Phone: 01904 640066 or 01904 613131

www.bengal-brasserie.com

STARTERS

Murg Bunda £2.95
Specially prepared deep fried chicken in a pastry roll.

Liver Tikka £3.25
Chicken liver marinated in selected herbs and spices served with a fresh green salad (subject to availability)

Chicken Kormori £3.25
Buttered pieces of chicken deep fried and coated with bread crumbs.

Chapeli Kebab £3.25
Spicy minced meat with mashed potatoes fried and wrapped in omelet.

Chicken Tikka £2.95

Lamb Tikka £2.95

Sheek Kebab £2.95

Tandoori Lamb Chop £3.95

Chicken Pakora £2.95

Chicken Chat Puree £2.95

Tandoori Mixed Kebab £3.95

MACH (FISH) STARTERS

Prawn ChotPati £3.95
Tiger prawns marinated in herbs, spices, battered and deep fried.

Garlic Prawns £3.95
Tiger prawns cooked with garlic, herbs and spices.

Salmon Tikka £4.95
Fillet of barbecued Salmon with light spices. Subject to availability.

Prawn Puree £2.95

King Prawn Puree £4.95

Fish Tikka £3.95

King Prawn Butterfly £3.95

VEGETABLE STARTERS

Onion Bhaji £2.95

Nehar-E-Kebab £2.95
Mashed cooked potatoes, mixed with red lentils and coriander in breadcrumbs and deep fried.

Paner Pakora £2.95
Cubes of hand made cottage cheese, battered and deep fried.

Somosa (Meat or Veg) £2.95

Chana Puree £2.95

HOUSE SPECIALITIES

Chicken or Lamb Jalfrezi (hot) £6.95
A stir-fried dish with lightly braised onions, garlic, ginger, tomatoes and fresh green chillies.

Garlic Chilli Chicken (hot) £6.95
Barbecued chicken cooked with garlic, green chillies and herbs in a thick sauce.

Lamb or Chicken Chilli Mossala (hot) £6.95

Tender pieces of meat cooked in a thick spicy sauce, with garlic, ginger, tomato and fresh herbs and spices, garnished with coriander and green chilli.

Naga Chilli Chicken (hot) £6.95
Barbecued Chicken cooked with naga chillies in a thick sauce with selected herbs and spices.

Sylheti Special Chicken or Lamb (hot) £7.95
A unique Bengali dish from the province of Sylhet, made from the finest ingredients and flavoured with fresh green chillies, cloves, cummin seeds, black pepper and garnished with coriander and spring onions.

Murg Mohoni £7.95
Pan fried chicken tikka with fresh tomatoes, peppers, garlic and coriander served in a specialist pan.

Murg Kandahari £6.95
Highly flavoured barbecued chicken cooked with spiced mince meat in a thick sauce. (Please order the strength of curry you require).

Murg or Gosth Achar £6.95
Tender cuts of chicken or lamb braised with mango,

chutney and pickles giving a rich sweet and sour taste - a speciality dish at the Bengal Brasserie. This dish contains fragments of hard mango shells.

Bhuna Murg Tikka £6.95
Chicken tikka pieces cooked with onions, tomatoes, garlic and a few selected spices giving a dish of strong flavours.

Special Patil Curry Chicken or Lamb £7.95
Patil Curry is a traditional favourite, a mixture of spices are cooked with this particular dish with delicately prepared small pieces of chicken or lamb from our chef's own special recipe. (please order the strength of the curry you require)

Multani Chicken or Lamb £6.95
Chicken or lamb cooked in a highly spiced sauce with a variety of fresh herbs and spices. A minty taste with a touch of cream. Very high recommended. (medium to mild).

Chicken or Lamb Kushbuder £6.95
Pieces of meat cooked in a sauce that gives a spicy taste, combined with cardamom, garlic, cinnamon, bay leaves and cumin, garnished with coriander and spring onion.

Chicken Deshi £7.95
A traditional spicy curry. A true recipe for real authenticity. Highly recommended by our chefs own secret recipe. (subject to availability)

TRADITIONAL FAVOURITES

Korma, Bhuna, Madras, Rogan Josh, Dhansak, Dopiazza & Pathia. The above curries are cooked using a wide selection of traditional herbs & spices. With each dish cooked to order, strengths can be adjusted to suit individual requirements. These are available with either:

Chicken, Lamb, Prawn or Vegetable £6.95

King Prawn £8.95

SPECIAL KORAI DISHES

A succulent blend of herbs and spices sizzling away in a Korai dish for authentic flavour garnished with fresh tomatoes and capsicum.

Chicken Tikka Korai £6.95

Chicken or Lamb Saag Korai £6.95

King Prawn Korai £8.95

Bengal Special Mixed Korai £7.95

Special Korai Bhuna Chicken or Lamb £7.95

BALTI SPECIALS

Chicken or Lamb Balti £6.95

Chicken or Lamb Saag Balti £6.95

King Prawn Balti £8.95

Garlic Chilli Chicken Balti £7.95

Bengal Special Mixed Balti £7.95

All these dishes contain fragments of hard mango shells.

TANDOORI DISHES

The Tandoori and Tikka dishes served at the Bengal Brasserie are meats that have been marinated, skewered and cooked in a clay oven. The following dishes are served on a hot sizzling platter with a side salad and the chef's own fresh mint sauce prepared daily for your pleasure.

Chicken Tikka (off the bone) £6.95

Lamb Tikka £7.95

Tandoori Chicken (on the bone) £6.95

Tandoori Mixed Grill £8.95

Golda Tikka (King Prawn) £9.95

Chicken or Lamb Tikka Shashlick £8.95

Salmon Tikka £9.95

Fish Tikka £8.95

BIRIYANI SPECIALS

★ **Chicken or Lamb Biryani** £8.95
A traditional dish of chicken or lamb pieces cooked with basmati rice and served with a vegetable curry.

★ **King Prawn Biryani** £9.95

★ **Bengal Special Mixed Biryani** £9.95

Mixture of chicken tikka, lamb tikka and king prawns cooked with basmati rice in a traditional way and served with a vegetable curry.

MILD SPECIALS

★ **Chicken Tikka Massala** £6.95
Barbecued chicken prepared in a delicately flavoured creamy sauce.

★ **Lamb Massala** £6.95
Tender pieces of meat cooked in a special mild and creamy massalla sauce.

★ **Makani Chicken** £6.95
Barbacued chicken cooked in a mild creamy and cheese sauce.

★ **Modhu Chicken** £6.95
Chicken cooked in a delicately flavoured sauce with mango, pineapple, sultanas and almonds. A very mild curry with hints of honey.

★ **Tandoori Butter Chicken** £6.95
A traditional off the bone chicken, cooked with ghee, almonds, cream and tomato sauce.

★ **Korma Murg Tikka** £6.95
A mild creamy chicken tikka dish with coconut and almonds.

★ **Murg Malai Tikka** £6.95
A specially prepared creamy chicken dish cooked with almond, coconut and mixed fruits with a hint of butter.

★ *These dishes contain nuts*

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MIXED SPECIALS

Chicken Tikka Sag £6.95
Barbecued chicken cooked with spinach in a medium strength sauce.

Chicken Tikka Chom Chom £6.95
Barbecued chicken cooked with potato and chickpeas in a medium strength sauce, garnished with coriander and spring onion.

Tandoori Special Curry £7.95
Chicken Tikka. Lamb Tikka. King Prawn. Tandoori Chicken cooked in a medium strength sauce with garlic, ginger, cumin and fresh herbs and spices.

Special Handi Cocktail £7.95
A fruity mix with barbecued lamb, chicken and king prawn, served in a massalla sauce with selected herbs and spices.

Bindy Murg £6.95
Chicken pieces cooked with okra in a medium strength sauce with fresh herbs and spices.

Keema Saag Motor £6.95
Minced meat cooked with spinach and fresh peas, specially selected herbs & spices and fresh garlic. Fairly dry in texture. (Please order the strength of curry you require).

Lalosi Chicken or Lamb £7.95
Barbecued Chicken or meat cooked with green beans blend in a thick lentil paste sauce, garnished with tomato, coriander and spring onion.