

HEALTHY OPTIONS



A speciality dish cooked with absolutely no oil or fats, just water and in its own stock. Combine garlic, ginger, onions, herbs & spices. This is a must for all health conscious diners. Please order the strength of curry you require.

Chicken or Lamb	£9.95 / £10.95
Vegetable	£8.95
King Prawn	£12.95

BALTI DISHES

A very popular & established form of cooking art. These dishes originate from the Punjab region. The main ingredients of a balti dish are fresh onions, green peppers, tomatoes, garlic, ginger, cumin & fresh coriander with our usual traditional balti herbs & spices. Each balti dish has its own unique & distinct cooking style.

Chicken or Lamb Balti	£9.95 / £10.95
Chicken or Lamb Saag Balti	£10.95
Garlic Chilli Chicken Balti	£10.95
King Prawn Balti	£12.95
Bengal Special Mixed Balti	£11.95

TANDOORI DISHES

The Tandoori and Tikka dishes served at the Bengal Brasserie are meats that have been marinated, skewered and cooked in the clay oven. The following dishes are served on a hot sizzling platter with a side salad and the Chefs own fresh mint sauce prepared daily for your pleasure

Chicken Tikka (off the bone)	£9.95
Lamb Tikka	£10.95
Tandoori Chicken (on the bone)	£9.95
Chicken or Lamb Tikka Shashlick	£10.95
Golda Tikka (King Prawn)	£13.95
Tandoori Mixed Grill	£12.95

STARTERS



Bengal Combo (for 2 ppl) £11.95
Consists of chicken tikka, onion bhaji, lamb chop, prawn chotpati & paneer pakora.

Liver Tikka	£4.50
Chicken liver marinated in selected herbs and spices, served with fresh green salad (subject to availability).	
Murg-E-Dilruba	£5.95
Fillets of chicken breast wrapped in cheese, comes on a plate.	
Chicken Chat Puree	£4.95
Chicken Tikka	£4.50
Lamb Tikka	£4.50
Sheek Kebab	£4.50
Tandoori Lamb Chop	£5.95
Chicken Pakora	£4.50

MACH (FISH) STARTERS

Prawn Chot Pati	£6.95
Tiger prawns, marinated in herbs, spices, battered & deep fried,	
King Prawn Puree	£6.95
Fish Massalla	£5.95
Garlic Prawns	£6.95
Prawns cooked in garlic, herbs and spices.	
Salmon Tikka	£6.95
Fillet of barbecued salmon with light spices.	
Sea Bass Tikka	£6.95
Tandoori King Prawn	£7.95

VEGETABLE STARTERS

Onion Bhaji	£3.95
Paneer Pakora	£3.95
Cubes of handmade cottage cheese, battered & deep fried.	
Samosa (meat or veg)	£3.95

Welcome FOOD ALLERGY & INTOLERANCE

If you have a food allergy, intolerance or sensitivity, please inform your server of this every time, upon arrival, before ordering any food or drink and they will be able to suggest the best dishes for you.



SUNDRIES

Chapati	£0.95
Popadom	£0.75
Riata (onion or cucumber)	£1.75
French Fries	£2.25
Assorted Chutneys, per tray	£1.95

SIDE DISHES

Mixed Vegetable Bhaji	£3.95
Chana Bhaji	£3.95
Bindy Bhaji	£3.95
Begun Bhaji	£3.95
Bombay Aloo	£3.95
Sag Bhaji	£3.95
Sag Aloo	£3.95
Aloo Gobi	£3.95
Cauliflower Bhaji	£3.95
Mushroom Bhaji	£3.95
Tarka Dall	£3.95
Sag Paneer	£3.95

RICE

Boiled Rice	£2.95
Pillau Rice	£2.95
Mushroom Pillau	£3.25
Vegetable Pillau	£3.25
Keema Pillau (mince meat)	£3.25
Garlic Pillau Rice	£3.25
Onion Pillau	£3.25
Egg Pillau	£3.25
Jorda Rice (nutty & fruity)	£3.75

NAN BREAD

Plain Nan Bread	£2.95
Garlic Nan	£3.25
Chilli & Coriander Nan	£3.25
Kulcha Nan	£3.25
*Peshwari Nan	£3.25
Garlic & Coriander Nan	£3.25



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* contains nuts

KORAI DISHES



A succulent blend of herbs and spices served on a sizzling Korai dish for authentic flavour and garnished with fresh tomatoes & capsicums

Chicken Korai	£9.95
Lamb Korai	£10.95
Chicken or Lamb Saag Korai	£9.95 / £10.95
King Prawn Korai	£12.95
Bengal Special Mixed Korai	£11.95

BIRIYANI SPECIALS

A delicious dish originating from ancient Persia. Specially flavoured basmati rice prepared with the meat of your choice. Served with a fresh vegetable curry sauce

King Prawn Biryani	£13.95
Chicken or Lamb Biryani	£9.95 / £10.95
Bengal Special Mixed Biryani	£12.95

A mixture of chicken tikka, lamb tikka and king prawns, cooked with basmati rice in a traditional way, served with a vegetable curry.

BENGAL MIXED SPECIALS

Chicken Tika Saag Tender barbecued chicken cooked with spinach in a medium strength sauce.	£10.95
Chicken Tikka Chom Chom Barbecued chicken cooked with potato and chick peas in a medium strength sauce garnished with coriander and spring onion.	£10.95
Dall Ghost Tender pieces of lamb cooked with chanadall, rosemary, garlic, ginger, fresh herbs and spices. (please order the strength of curry you require)	£10.95
Special Handi Cocktail A fruity mix with barbecued lamb, chicken, king prawn. Served in a massalla sauce with selected herbs and spices.	£10.95
Keema Saag Motor Minced meat cooked with spinach and fresh peas specially selected herbs and spices with fresh garlic. Fairly dry in texture. (please order the strength of curry you require).	£9.95
Special Tandoori Mixed Cocktail A combination of Tandoori chicken, chicken tikka and tiger prawns fried with spiced onion, served on a plate of fresh green salad and rice.	£13.95
Tandoori Special Curry Chicken tikka, lamb tikka, king prawn, tandoori chicken cooked in a medium strength sauce with garlic, ginger, onion and fresh herbs and spices.	£11.95

HOUSE SPECIALS



Murg Mahoni Pan fried chicken tikka with fresh tomatoes, peppers, garlic & coriander, served in a specialist pan.	£10.95
Tandoori Murg Bhuna Tandoori chicken off the bone mixed with tomatoes and chopped onions in a medium spicy sauce.	£9.95
Naga Chilli Chicken (hot) Barbecued chicken cooked with naga chillies in a thick sauce with selected herbs and spices.	£10.95
Garlic Chilli Chicken (hot) Barbecued chicken cooked with garlic, green chillies and herbs in a thick sauce.	£9.95
Murg Kandhari Highly flavoured barbecued chicken cooked with spiced mince meat in a thick sauce. (Please order the strength of curry you require)	£10.95
Chicken Deshi (subject to availability) Traditional spicy curry, A true recipe for real authenticity. Highly recommended by our chefs own secret recipe.	£10.95
Chicken or Lamb Sylheti (fairly hot) A unique Bengali dish from the Provence of Sylhet. Made from the finest ingredients and flavoured with fresh green chillies, cloves, cumin seeds, black pepper and garnished with coriander.	£9.95 / £10.95
Chicken or Lamb Kushbuder Pieces of chicken or lamb cooked in a sauce that gives a spicy taste, combined with cardamom, garlic, cinnamon, bay leaves and cumin. Garnished with coriander and spring onion.	£10.95
Multani Chicken or Lamb (mild to medium) Chicken or lamb cooked in a highly spiced sauce with a variety of fresh herbs and spices. A minty taste with a touch of cream. Very highly recommended.	£9.95 / £10.95
Murgh or Gosht Achar Tender cuts of chicken or lamb, braised with mango chutney and pickles giving a rich sweet & sour taste. A speciality dish of the Bengal Brassiere.	£10.95
Chicken or Lamb Roshni Barbecued chicken or lamb cooked with a garlic sauce. Medium spiced and garnished with coriander and tomatoes.	£10.95
Chicken or Lamb Jalfrazi (hot) A stir fried dish with lightly braised onions, garlic, ginger, tomatoes and fresh green chillies.	£9.95 / £10.95

* contains nuts

MILD SPECIALS



Chicken or Lamb Tikka Massalla Barbecued chicken or tender lamb cooked in a special mild and creamy massalla sauce.	£9.95 / £10.95
Makani Chicken Barbecued chicken cooked in a mild creamy and cheese sauce	£10.95
* Badhami Chicken Very mild creamy dish, cooked over charcoal with cashew nuts, almond flakes, sultanas & poppy seeds (nutty but nice).	£10.95
* Tandoori Butter Chicken A traditional off the bone chicken, cooked with ghee, almonds, fresh cream and tomato sauce.	£9.95
* Modhu Chicken Chicken cooked in a delicately flavoured sauce with mango, pineapple, sultanas and almonds. Very mild curry with hints of honey.	£10.95
* Korma Murg Tikka Mild creamy chicken tikka dish with coconut and almonds.	£9.95

TRADITIONAL FAVOURITES

Korma, Bhuna, Madras, Rogan Josh, Dansak, Dopiaza & Pathia. The above curries are cooked using a wide selection of traditional herbs & spices. Each dish is cooked to order and strength can be adjusted to suit individual requirements.

These dishes are available with either:

Chicken or Vegetable	£8.95
Lamb	£9.95
King Prawn	£11.95

DUCK DISHES

* Morich Duck Massalla (hot) Barbequed duck cooked with garam masala, chillies & coriander in a thick sauce.	£11.95
Duck Tikka Korai A succulent blend of herbs & spices sizzling away in a korai dish for authentic flavour garnished with fresh tomatoes & capsicum.	£11.95
* Duck Tikka Massalla Barbequed fillet of duck prepared in a delicately flavoured sauce.	£11.95
Duck Tikka Jalfrezi (hot) Duck cooked with lightly braised onions, garlic, ginger, tomatoes & fresh green chillies.	£11.95
Duck Multani Duck cooked in a lightly spiced sauce with a variety of herbs & spices. A minty taste with a touch of cream. Very highly recommended.	£11.95
Garlic Chilli Duck (hot) Barbequed duck cooked with garlic, green chillies & herbs in a thick sauce.	£11.95



BENGAL FISH SPECIALITIES



King Prawn Saag £11.95
King Prawns gently cooked with spinach, creating a light, subtly flavoured dish.

King Prawn Nawabi £14.95
Whole king prawns marinated with special herbs & spices tenderly cooked & garnished with salad & served on a plate with pilau rice.

Tandoori Golda Massalla £13.95
King prawns part cooked in a Tandoori clay oven then simmered in a delicately flavoured creamy curry.

Garlic Chilli King Prawn (hot) £12.95
King prawns cooked with garlic, green chillies, herbs in a thick sauce.

Morich Mach (hot) £11.95
White fish cooked in a spicy sauce with garlic, ginger, green chillies, garnished with coriander.

Naga Chilli Mach (hot) £11.95
White fish cooked with naga chillies in a thick sauce with selected herbs & spices.

Tandoori Mach Massalla £11.95
Cod fish prepared in a delicately flavoured creamy sauce.

Garlic Chilli Mach (hot) £11.95
White fish cooked with garlic, green chillies & herbs in a thick sauce. & spices. A minty taste with a touch of cream. Highly recommended.

Mach Jalfrezi (hot) £11.95
A stir fried white fish with lightly braised onions, garlic, ginger, tomatoes, and fresh green chillies.

Mach Multani £11.95
Fish cooked in a lightly spiced sauce with a variety of fresh herbs & spices. A minty taste with a touch of cream. Very highly recommended.

GRILLED FISH DISHES

Fish Shaslick £12.95

Grilled Sea Bass Shaslick £13.95

Grilled Salmon £13.95

Grilled King Prawn £12.95

All the above dishes are served with our selection of vegetables.

N.B. May find small bones in all fish dishes

* contains nuts

VEGETARIAN DISHES



Shabji Chameli £8.95
Aubergine, cauliflower, okra mixed in a curry with onion, garlic, tomato & simmered with pickles that give a nice savoury taste.

Allo Jeera £8.95
Specially prepared potatoes cooked with cumin seeds, tomatoes, onion & coriander in a medium strength sauce, a very savoury dish.

Shabji Chom Chom £8.95
Potato & chick peas with selected vegetables in a medium strength sauce, garnished with coriander & spring onions.

Chilli Begum (Hot) £8.95
Chopped Aubergine cooked in our Chef's own spicy sauce that includes green chillies & capsicum.

Shabji Balti £8.95
Mixed vegetables cooked in our Chef's own recipe & served in a special pot called a Balti.

Vegetable Biryani £10.95
Vegetables cooked with basmati rice served with vegetable curry. An old favourite...

* Korma Shathrangi £8.95
Vegetables in a creamy sauce with cashews, sultanas & dates. A nutty & fruity dish.

Shabji Massalla £8.95
Fresh mixed vegetables prepared in a delicately flavoured creamy sauce.

Shabji Korai £8.95
A succulent blend of herbs & spices sizzling away in a korai dish for authentic flavour garnished with fresh tomatoes & capsicum.

Shabji Paner £8.95
Mushroom, potato & peas cooked with cottage cheese in a medium strength sauce.

Garlic Chilli Shabji (hot) £8.95
Mixed vegetables cooked with garlic, green chillies & herbs in a thick sauce.

Shabji Jalfrezi (hot) £8.95
A stir fried dish with braised onions, garlic, ginger, tomatoes & green chillies.

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